

**What can you do to reduce  
the amount of plastic in the  
world?**

**Especially single use  
plastic!**

Check out [www.earthday.org](http://www.earthday.org)

Just a few of the issues there...

### **Plastic Pollution**

Together we can tackle this global crisis!

### **Green Cities**

Let's make the shift to green cities together to live more sustainable lives. From green buildings to the economy, around the world we need to make a change.

### **Campaign for Communities**

Get local with solutions.

### **Climate Change**

The time for real action and progress to address the climate change crisis is now.

Take the pledge @  
<http://noplasticplease.net/take-action/>  
or have your group become a pledge partner @  
<http://noplasticplease.net/partners/>

- **Take action**

It's time to opt out of unnecessary single-use plastics. Take the No Plastic Please pledge and change your own plastic legacy.

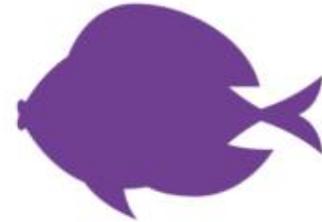
- **Create your own SUP-Free Kit – take it with you!**

collapsible silicone take-out container, reusable nylon produce bag (inside take-out container), travel cutlery set (knife, fork, spoon, straw, chopsticks), fold-up tote, reusable water bottle

# Take the Pledge <http://noplasticplease.net/take-action/>

## Top 10 actions

1. Before ordering, just say "*no plastic please*"!
2. Bring your own shopping bag.
3. Carry a reusable water bottle.
4. Bring your own coffee cup.
5. Pack your lunch/leftovers in reusable containers.
6. Say NO to disposable straws & cutlery.
7. Skip the plastic produce bags.
8. Give up beverages in plastic bottles.
9. Pay attention to plastic packaging.
10. Share these tips with your friends.



# Other things you can do:

**Go to web sites...here are just a few**

**[www.change.org](http://www.change.org) Join the campaign to get Amazon to Offer Plastic-Free Packaging Options**

**<http://www.greeneducationfoundation.org/nationalgreenweeks/ub/waste-reduction-tips/tips-to-use-less-plastic.html>**

**<https://www.thoughtco.com/why-stop-using-plastic-bags-1204167>**

**<https://www.reefrelief.org/2013/01/51-ways-to-reduce-plastic-use-or-completely-eliminate-it/>**

**Let places you order from know when they do responsible packaging and when they do not!**

**these slides will be posted on [www.evergreenconservancy.org](http://www.evergreenconservancy.org),  
<http://indiana.palwv.org/> and  
[www.sustainableindianacounty.org](http://www.sustainableindianacounty.org)**

<http://www.greeneducationfoundation.org/nationalgreenweeksub/waste-reduction-tips/tips-to-use-less-plastic.html>

- A single plastic bag can take 1,000 years to degrade. Use a reusable produce bag and be sure to wash them often!
- Gum is made of a synthetic rubber, aka plastic.
- Buy boxes instead of bottles. products like laundry detergent come in cardboard which is more easily recycled than plastic.
- Purchase food, like cereal, pasta, and rice from bulk bins and fill a reusable bag or container.
- Use a reusable bottle or mug for your beverages, even when ordering from a to-go shop
- Bring your own container for take-out
- Use matches instead of disposable plastic lighters or invest in a refillable metal lighter.

## More...

- Check the frozen foods you buy -packaging is mostly plastic.
- Request restaurants do **not** pack plasticware in your take-out box.
- Ask grocers to take your plastic containers (for berries, tomatoes, etc.) back. If you shop at a farmers market they can refill it for you.
- The EPA estimates that 7.6 billion pounds of disposable diapers are discarded in the US each year. Use cloth diapers
- Make fresh squeezed juice or eat fruit instead of buying juice in plastic bottles.
- Make your own cleaning products that will be less toxic and eliminate the need for multiple plastic bottles of cleaner.
- Choose bulk items instead of products that come in single serving cups.
- Use a razor with replaceable blades instead of a disposable razor

We are going to collect plastic and build a bench

- Stay tuned for the details
- Start saving your plastic.

To be sponsored by: LWV, PASEC, Evergreen Conservancy

**JUST THINK  
BEFORE YOU BUY  
OR USE  
PLASSTIC!**

## RECYCLE BEYOND THE BAG

Recycle your household bags & wrap into Trex's Earth-friendly composite decking and railing!



### FROM THE STORE



✓ Produce bags

✓ Store bags

✓ Ice bags



### FROM YOUR PANTRY



✓ Ziploc® & other reclosable bags

✓ Cereal box liners

✓ Case overwrap

✓ Bread bags



### FROM YOUR FRONT DOOR



✓ Newspaper sleeves

✓ Dry cleaning bags

✓ Bubble wrap

✓ Plastic e-commerce mailers

Plastics must be clean, dry and free of food and organic residue



**NexTrex**

[trex.com/recycling](http://trex.com/recycling) 1-800-Buy-Trex